



Helena Williams

Call 2018



Clerks

 Nick Buckley
 0161 817 2757

 Dave Haley
 0161 817 7118

 Andy Leech
 0161 817 2770

Appointments

- CPS Panel Advocate (Level 1)

Memberships

- The Honourable Society of Lincoln's Inn
- Women in Criminal Law
- Criminal Bar Association

Education

Qualifications

- BPP University, BPTC: Outstanding
- BPP University, GDL: Commendation
- Newcastle University, BA (Hons), History: First Class

Scholarships

- Buchanan Prize, Lincoln's Inn
- Winner of the Lincoln's Inn Debating

Overview

Helena was called to the Bar in 2018. She joined Exchange Chambers in March 2021 following the successful completion of her pupillage at chambers in London.

Since then, Helena has built a busy criminal practice both prosecuting and defending. She has appeared in variety of cases involving:

- Serious violence
- Drugs offences
- Dishonesty offences including fraud, burglary and robbery
- Motoring offences
- Sexual offences

She is a Level 2 prosecutor and as well as being instructed as junior counsel, has been instructed as prosecution junior in cases involving multi-handed drugs conspiracies and firearm offences.

Helena has experience in complex confiscation matters, as well as having appeared for the defence in contempt of court proceedings relating to breaches of a restraint order.

Helena has experience in regulatory matters. She has represented the local council in taxi licensing cases and a Minister in disciplinary proceedings within the United Reformed Church.

Prior to her career at the Bar, Helena worked as a paralegal at a busy criminal defence firm working on a variety of matters, including cash forfeiture, dishonesty offences, sexual offences, drug offences and judicial reviews.

Shield (2018)

- Lord Denning Scholarship, Lincoln's Inn
- BPP Excellence Award
- Hardwicke Entrance Award, Lincoln's Inn
- Lord Haldane Scholarship, Lincoln's Inn

Helena previously volunteered with the Free Representation Unit, where she represented clients at the Social Security Tribunal and the Personal Support Unit, where she assisted litigants in person in the civil and family courts. She gained particular experience working with those who had never attended court before and vulnerable clients.

Outside of crime, Helena has worked as a paralegal in public children law acting on behalf of local authorities, parents and guardians.